

MADE WHOLE: PHYSICAL DISEASES



HOW TO USE THIS DEVOTIONAL?

Each daily engagement is to help you begin your journey to freedom from feelings of helplessness and brokenness to living with hope and expectation for Wholeness.

There are three components to each day of the devotional. You are not prescribed to a time expectation. What you might realise is that the more you invest in thought, openness and truthfulness, the the greater will be the return on that investment of time. Note that in some instances you will read that there *is* a time frame. This is for those particularly challenging moments where overspending time could begin to detract from the process. The 3 components are built upon the acronym WIN - this is to reinforce what Jesus has made possible in seeing more wins than losses as you discover more of his thoughts about you!

WORD

Bible verses to focus thought

INTROSPECTION

Personal reflection or question that requires an open contribution from you

NEXT MOVE

The response required to take forward steps wisely and purposefully, like crossing a river over stepping stones - taking firm steps is necessary.

DAY 1

WORD

Isaiah 53

INTROSPECTION

With Isaiah 53 speaking about the Christ to come, consider how his coming and his ministry has made it possible to know wholeness and healing in your life. How does the prophetic announcement of your substitution at the cross of Calvary change your level of expectation?

NEXT MOVE

You may have never prayed before. You may feel as though you don't want to pray any more. Instead, think on this, inviting God's Spirit to do what only he can do for you/for someone else in touching and healing of the body.

NOTES

DAY 2

WORD

1 Peter 2:24

INTROSPECTION

There was a moment of significance when Jesus went to the cross - the forgiveness of sins, the cleansing of sin-consciousness, the renewal of the mind, the power over death in the body - Jesus conquered all at the cross.

NEXT MOVE

Write down your challenges and the things you trust for healing. Have you ever seen change before? Then thank Jesus and trust again. Is this new to you? Then invite the Holy Spirit to do what only he can do in Jesus' name.

NOTES

DAY 3

WORD

James 5:14-16

INTROSPECTION

Reflect on your experiences of receiving prayer. How different is it when someone else prays for you compared with praying for yourself? What do you hear God stirring in you today about what he is able to do?

NEXT MOVE

Write down your reflections to these questions and talk to God about what you have noted. Arrange to speak with your leader/pastor about some of this and ask that they pray for you during the call or the appointment for the specific thing you are trusting God to do in your body.

NOTES

DAY 4

WORD

John 10:10

INTROSPECTION

As Jesus shares who he is in this passage we hear from him his own desire to add goodness, value and life to people. This is set in contrast to the desire of the thief - which is to take life away as if it is an object for robbery. You have received an opportunity to surrender your life to Jesus today and invite him to reveal life in abundance for you.

NEXT MOVE

Pray a prayer of thanks to Jesus and speak these words - "As I surrender my life to you Jesus today, I invite you to show what your life in abundance looks like through my life today. Come Holy Spirit! Amen."

NOTES

DAY 5

WORD

3 John 1:2

INTROSPECTION

Prayer with God Almighty is a great gift. Receiving prayer from others is a blessed privilege. Who can you count on to pray for you today or for a matter of challenge against your health? We read here how important John felt it was to pray for the health and wellbeing of others.

NEXT MOVE

Make two lists: One of the names you are going to reach out to and invite to pray for you in your situation, One of the names of people you know are struggling with a health issue that you will commit to pray for. Set a daily alarm to remind you to pray.

NOTES

DAY 6

WORD

James 5:13

NEXT MOVE

Write out this verse on a slip of paper and put it somewhere you will look regularly, as a reminder of what scripture encourages us to do through moments of suffering or sickness.

INTROSPECTION

What brings cheer to your heart and mind? What do you have to give God thanks for today? As you share with him your gratitude, pray to him for healing to come in your body where you know this is an area of need. You may have prayed hundreds of times already so this is not a matter of convincing God, rather a faith focus.

NOTES

We would love to know how this bible plan has impacted your life however small or large, so send us your feedback, questions or to get in touch with one of our Made Whole Team by dropping an email to matt.france@doxadeo.org

All further information for our church, including other reading plans, resources, our "Request a Callback" feature and talks to go with this series can be found at www.ddcc.org.uk